

Adult Rider Balimo Clinic at Riding Right Farm



March 27 6pm – 9pm:

Pot-Luck Dinner and Evening Lecture

March 28 clinic day:

8:30 am exercises, with rides after that

On Saturday, we'll have a social, pot-luck dinner followed by an evening lecture on Balimo principles and theory. Balimo means “Balance in Motion” and is based on the work of German Sports Physiologist Eckart Meyners; Hollie is a certified Balimo instructor.

On Sunday morning everyone (riders and auditors) will gather for a group exercise program starting at 8:30. Rides begin at 9:30 and will run until 4:30, with two riders in each session. School horses are available on a limited basis.

If you are interested in a rider spot, please provide a check for the full amount as soon as possible; we're expecting the clinic to fill fast. Please wear clothing that allows movement and if possible bring an exercise mat of some sort.

Youth Riders: Please express your interest and if there are a large number of you who want an opportunity to ride, we may create a separate clinic day for you.

Fees: \$60 Rider / \$10 School Horse Fee/ \$10 Auditor Fee